

HOW LONG, LORD?

As preached on Sunday, June 18th

Read: Psalm 13

1. How comfortable do you think our society is with the act of lament? In what ways can the psalms of lament assist us in healthy healing from pain and loss?
2. In looking at vv.1-2, which phrases used by the psalmist most communicate the strength of despair that is being experienced? What do they mean?
3. Prayer is meant to include our honest communication with God. Is that easy or difficult for you? Why?
4. What three petitions are made by the psalmist in v.3? What do they each mean?
5. What transition takes place in Psalm 13 between v.4 and v.5? What has happened to cause this transition?
6. Has there been a time in your life when you, too, have asked, “How long, Lord?” What prompted your prayer? Do you feel you received an answer?
7. What steps can you take to more intentionally express yourself honestly in prayer? In what ways can our church community better encourage authentic prayer, even in times of distress and despair?