

MOURNING INTO DANCING

As preached on Sunday, July 2nd

Read: Psalm 30

1. The psalmist describes a personal crisis in vv.6-10. What do you think it might have been? Are there any clues in the text?
2. What do you think of the questions offered in v.9? Is this bargaining with God? If not, what is it?
3. In vv.1-3 the psalmist offers a personal praise. What is the play on words in v.1? What do you think the psalmist means by “the pit” in v.3?
4. A call for communal praise is issued in vv.4-5. On what basis? Why does the psalmist think the community (“you his faithful people”) should join in praising God?
5. What is the relationship between personal testimony and praise and the communal worship of God’s people?
6. What do you think of the dance described in vv.11-12? What would it look like for you to join the “whirling dance” even in the midst of your own trials and tribulations?