

## Message August 16, 2020: You Are (already)...Salt & Light

### Questions for Reflection

1. Complete this sentence "I am a \_\_\_\_\_". Did you use words that reflect roles you chose or grew into as you journeyed through life? Are there words or phrases that are characteristics you were born with or gifted with through no action of your own? Which list is longer? Which of these words or phrases describe you most fully?
2. Jesus chose "salt" and "light" to illustrate who we are (already, now) as his disciples in this world. Can you think of other illustrations that could deliver the same teaching?
3. Think about the uses of salt. Do you find yourself being used in (or drawn into) situations where you can "spice it up"? Where you are "preserving" someone or something? How do you feel when you are in these places (e.g. anxious, afraid, invigorated, confused, ...)?
4. What dark places do you feel you are personally being drawn into? What dark places do you think we as a church (FHPC) are being called into?
5. Thinking of dark places in your life or in our world, are there places you do not want to see or go? How could the blessings Jesus speaks of in the Beatitudes (Matthew 5:3-12) be light to you and to others in those dark places? Are there one or two of these blessings that you need right now, in this day?