

KINGDOM LIVING - ANGER

As preached on Sunday, August 30th

Read: Matthew 5:21-26

1. Today we begin a series of six Old Testament commands that Jesus interprets for his followers. Some theologians call these his antitheses, but Dale Bruner suggests the term hypertheses instead. Why? Do you agree or disagree
2. So... is Jesus talking about murder? Or, is he talking about anger? What is the relationship between the original command and Jesus' deepened interpretation?
3. Is anger sinful according to scripture? Why or why not?
4. If our response to the emotion of anger isn't monitored closely, what kinds of relational, social, and personal damage can take place?
5. Is there a positive side of anger? If so, what does it look like?
6. How can you cultivate a healthy relationship with the emotion of anger in your life?
7. Did you watch Disney's *Inside Out*? If so, what did you think? Are there any additional insights it offered to you regarding the relationship between emotional health and our faith in God?