

## **KINDNESS**

As preached on Sunday, August 8<sup>th</sup>

**Read:** Ephesians 4:25-5:2

1. Who is the kindest person you have met? What made them so kind? How did it feel to be in their presence?
2. What was your initial impression of Paul's lengthy string of behavioral instructions in this week's passage? Isn't this just moralistic religion? Why, or why not?
3. In what way are these instructions similar to taking off a garment and putting another on?
4. Which of the items on the "put off" list is most challenging for you? Why?
5. Verse 32 reminds us of how all of this comes back to love. How so?
6. In 5:1 we are told to "be imitators of God". That sounds like a daunting challenge. How can we even begin to do this?
7. If Jesus is what love looks like and love is what the Christian life looks like, what changes might you need to consider to your day-to-day life?