

Truth and Tenderness: How Jesus Loves Martha

As preached on Sunday, May 18th

Read: Luke 10:38-42

1. Did you grow up hearing the traditional “Martha vs. Mary” teaching of this passage? How did that shape your opinion of Martha? Has your opinion changed at all?
2. If Jesus were to name the “many things” you are worried and upset about today, what might He say?
3. What is the “one thing” you most need from Jesus today?
4. Martha invites Jesus into her home, but Mary makes space to hear from Him. In your life, which part comes more naturally? Which one is harder?
5. When was the last time you felt like Mary—still, attentive, fully present with Jesus? What helped you get there?
6. How might your life look different this week if you began each day sitting with Jesus before stepping into your responsibilities?